Attached are two lists, the first shows the blessings that can come from Temple & Family History Work, and second are some ideas of activities that can be done by families and individuals:

1. <u>"Why" We Are Invited to do Temple & Family History Work</u> – some thoughts on the "Why we Are Invited to do Temple & Family History Work" and the blessings that can come to each of us. It has been said that "when the Why is big enough the How will more easily be done."

Some thoughts on "WHY" we are invited to do Temple & Family History Work: "We not only teach this doctrine, but we participate in it. We do so as we help to gather the elect of the Lord on both sides of the veil. As part of the planned destiny of the earth and its inhabitants, our kindred dead are to be redeemed (see Doctrine and Covenants 128:15). Mercifully, the invitation to "come unto Christ" (Jacob 1:7; Moroni 10:32; Doctrine and Covenants 20:59) can also be extended to those who died without a knowledge of the gospel (see Doctrine and Covenants 137:6–8). Part of their preparation, however, requires the earthly efforts of others. We gather pedigree charts, create family group sheets, and do temple work vicariously to gather individuals unto the Lord and into their families. (see 1 Corinthians 15:29; 1 Peter 4:6).

President Russell M. Nelson March 2020

. . . Our safest insurance is to continue to be worthy of admission to His holy house. The greatest gift you could give to the Lord is to keep yourself unspotted from the world, worthy to attend His holy house. His gift to you will be the peace and security of knowing that you are worthy to meet Him, whenever that time comes."

President Russell M. Nelson March 2020

"If you look beyond the bonds of time and mortality and help those who cannot help themselves, you will be blessed with more closeness and joy in your family, and with the divine protections afforded those who are faithful in His service." "Each of you will find joy and be blessed in every other aspect of your life as you fulfill the obligation that has been sent from heaven" Elder Quentin L. Cook

"You will be protected against the intensifying influence of the adversary, as you participate and love this holy work, you will be safeguarded in your youth and throughout your lives."

Elder David A. Bednar

"You'll find not only protection from the temptation and ills of this world, but you'll also find personal power, power to change, power to repent power to learn, power to be sanctified, and power to turn the hearts of your family together, and heal that which needs healing."

Elder Dale G. Renlund

"I testify that God the Father wants His children home again in families and in glory, and I promise you the inspired help that you seek and need." President Henry B. Erying

2. <u>Possible Temple & Family History Activities</u> – Here are some ideas that families and individuals can do to feel more of the Spirit of the Lord and be blessed thereby.

Activities Families and Individuals can do in Temple & Family History Work: (It has been rightly suggested that this list is not to burden Mothers or others with all the responsibilities that people have these days but, rather, only as some thoughts that might help bring the Spirit of Elijah by doing one, two, or three things that will bring blessings of strength and comfort)

- -Take a hike to the Temple and take a family picture.
- -Share a memory of a family member with your family.
- -Watch "Relative Race" on BYUtv and/or "Who Do You Think You Are?" on TLC some episodes are better than others but most are very good.
- -Personally or as a family do indexing on FamilySearch.org under Indexing.
- -Share a testimony with your spouse, child, or friends of how you gained your testimony of the Restoration of the Gospel of Jesus Christ.
- -You might record that testimony under Memories on Family Search or on the Family Tree App.
- -Record a Memory, Upload a picture, or documents, add on Family Search and/or Family Tree App.
- -Have a competition for your family members or set a goal personally to do a family history activity. (President Van Wagoner offered to buy anyone who did so a "Big Mac").
- -Under FamilySearch.org there is a heading called activities
- -Write your personal history/ Write an entry to your journal
- -Compile a Photo history of a relative (it's a fun activity many extended family members can enjoy) Melody Palmer had done this recently and would be happy to help.

If you need any help or have questions, our Family History consultants are listed below.

9th Ward Temple & Family History Consultants:

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Craig Palmer (cell: 801-643-2346)